

SIERRA COLLEGE

WOLVERINE AQUATICS CLUB, INC.

Rocklin, CA (916) 435-0246 www.WolverineAquaticsClub.com

SPRING

2009

WELCOME to WOLVERINE AQUATICS CLUB, INC. (WAC). Although our name has changed, everything else remains the same! We will be providing the same level of swim instruction and customer service that you have come to expect over the past 8 years. Please review the important registration dates, times, and other details to make sure you get registered for summer lessons OR our year-round swim team!

Summer Lesson Open Registration dates for ALL NEW participants:

- Thurs. April 30 9:30 AM – 12:00 PM
- Sat. May 2 10:00 AM – 1:00 PM
- Wed. May 13 5:30 PM – 7:30 PM
- Mon. May 18 5:30 PM – 7:30 PM

Open Registration will be at the Sierra College Aquatics Complex located at 5000 Rocklin Road, Rocklin, CA 95677.

Past participants may pre-register by mail. Registration forms must be postmarked by **Monday, April 13**. A registration confirmation will be sent in late April!

Did YOU Know?

Drowning is a leading killer of American children. In ethnic communities, drowning rates are nearly three times the national average. More than 30% of kids are at risk for obesity-related illnesses. Swimming is a cure. (Copied from www.usaswimming.org).

UPDATED WEBSITE!

The Summer Lesson Schedule and Registration Form are now available online at www.WolverineAquaticsClub.com. Please refer your friends and family to our website!

Thanks again for choosing WAC & Sierra College to swim with your family! We truly appreciate the opportunity to work with you and your swimmers.

Do we have your EMAIL?

Please make sure we have your current email address on the registration form. This will be our last distribution via mail. Next year you will receive an email only regarding lesson registration! Thank you!

WAC SWIM TEAM

Wolverine Aquatics Club (WAC) Swim Team is 1-year-old this month and doing awesome! We had close to 100 swimmers in the Fall and over 60 swimmers in the Winter. We just started our Spring Session in early March and our numbers continue to grow by the week!

WAC is a year-round team for competitive swimmers ages 5-18. Emphasis is on stroke development, technique, conditioning, goal-setting, physical fitness and race strategies. Our professional coaches motivate athletes to improve in a fun and positive learning environment. This is a United States Swimming (USAS) Club and all members must become USAS members to join. Check out the website and the Frequently Asked Questions (FAQ) for more information.

Our Summer Session is June-August. Practice times will be in the mornings and the swim meet schedule is posted on the TEAM page of the website! If you are interested in joining, evaluations are the 1st and 3rd Tuesday of each month at 4:00 PM at the Sierra College Aquatics Complex. Swimmers may join anytime. Please call or email us to schedule your evaluation!